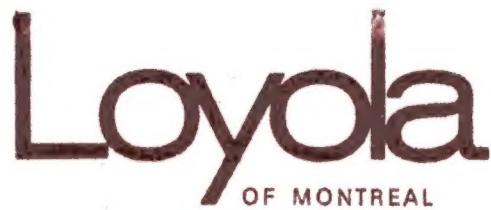


"HOME OF THE WARRIORS"—DEPT. OF PHYSICAL EDUCATION AND ATHLETICS



RELEASE AT WILL

LOYOLA TO HOST FIRST EVER "PARTICIPATION CANADA" NIGHT

As part of Loyola College's 75th Anniversary Celebrations the Department of Physical Education and Athletics has announced plans for a "Participation Canada" night to be held at the Athletic Complex Thursday, February 17 commencing at 7:30 PM.

The event is being organized as Loyola's contribution to the Government's recent attempt to convert Canadians from traditional spectator role to that of participant. It will be officially opened by Mr. Keith McKerracher, Director General of Sport Participation Canada.

The theme of the evening is "Fitness & Fun", and it will be demonstrated by members of the various Loyola Co-Ed Clubs and activities that fitness does not necessarily equal drudgery. Included in the program will be demonstrations by the Aikido, Archery, Badminton, Boxing, Fencing, Judo, Karate, Modern Dance, Skydiving, Table Tennis, Tai-chi-chuan, Wrestling and Yoga Clubs. A special feature will be a fitness measurement test that will be conducted on athletes and non-athletes by means of a bicycle ergometer which determines work capacity of the body.

According to Mr. Kerracher, "the evening marks a first effort in conjunction with our Participation Canada Program and we are delighted with Loyola's leadership in this area. We hope the evening will provide motivation for everyone to participate and to initiate similar ideas."

The public is invited to be part of "Participation Canada" night at Loyola. A program of the evening is included.

Pat Boland
Director of Women's Athletics

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LOYOLA COLLEGE
7141 SHERBROOKE ST W
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PARTICIPATION CANADA NIGHT

LOYOLA COLLEGE

THURSDAY FEBRUARY 17

PROGRAM

7:00 - 8:00 PM	(Arena)	Women's Ice Hockey Loyola Tommies VS MacDonald Lassies Broomball game between periods.
7:30 PM	(Gym)	Official opening Mr. Keith McKerracher Director General of Sport Participation Canada.
7:35 PM		Aikido & Archery
7:50 PM		Wrestling & Boxing
8:05 PM		Modern Dance
8:10 PM		Yoga & Fencing
8:25 PM		Judo & Karate
8:40 PM		Loyola Majorettes
8:45 PM		Intermission Coffee served in Lecture Room Downstairs
9:00 PM		Table Tennis & Badminton
9:15 PM		Skydiving & Fitness Demonstration
9:30 PM		Modern Dance
9:35 PM		Tai-Chi-Chuan & Fitness Demonstration
9:45 PM		Loyola Majorettes
9:50 PM		Refreshments for parents, press & participants in Lecture Room.